



Teachers Resisting Unhealthy
Children's Entertainment

SUMMER-FALL-WINTER-SPRING

FAMILY PLAY PLANS

Busy families often find it hard to set aside time for play, especially with the distraction of screens and technology.

TRUCE offers some seasonal, screen-free ideas to inspire your whole family — whatever their ages— to play together.

Using the low-cost, common materials listed below, your family can play together and enjoy hours of family fun throughout the year. Print a TRUCE two-page guide for each play theme, with easy-to-follow ideas for family play in summer, fall, winter, and spring. Find them at www.TruceTeachers.org.



SUMMER

Mud
Water
Chalk

FALL

Boxes
Leaves
Playdough



WINTER

Forts
Snow
Socks

SPRING

Bubbles
String
Gardening



WWW.TRUCETEACHERS.ORG