



**SUMMER-FALL-WINTER-SPRING FAMILY PLAY PLANS**

Busy families often find it hard to just make time for play, especially with the distraction of screens and technology. TRUCE offers some seasonal, screen-free ideas to inspire your whole family (whatever their ages) to play together.

Using the low-cost, common materials listed below, your family can play together and enjoy hours of family fun throughout the year. Print a TRUCE free-play guide for each play theme, with easy-to-follow ideas for family play in summer, fall, winter, and spring. Find them at [www.TruceTeachers.org](http://www.TruceTeachers.org)

<b>SUMMER</b> Wax Water Chalk	<b>FALL</b> Beans Leaves Playdough
<b>WINTER</b> Forts Snow Books	<b>SPRING</b> Bubbles String Seedlings

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# Summer-Fall-Winter-Spring Family Play Plans

Busy families often find it hard to set aside time for play, especially with the distraction of screens and technology. Using every day items, TRUCE offers some seasonal, screen-free ideas to inspire your whole family (whatever their ages) to play together.

We invite you to print and share these Family Play Plans without further permission. Find them all at: <http://www.truceteachers.org/resource-family-play-plans.html>

**SUMMER PLAY PLAN**

**Turn off the Screen & Turn on the CHALK**

Chalk offers endless opportunities for family playtime—both indoors and outside.

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**SUMMER PLAY PLAN**

**Turn off the Screen & Turn on the MUD**

Mud offers endless opportunities for family playtime.

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**SUMMER PLAY PLAN**

**Turn off the Screen & Turn on the WATER**

Water offers endless opportunities for family playtime—both indoors and out.

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**FALL FAMILY PLAY PLAN**

**Turn off the Screen & Turn on the CARDBOARD BOXES**

Cardboard boxes offer endless opportunities for family playtime—both indoors and outside.

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**FALL FAMILY PLAY PLAN**

**Turn off the Screen & Turn on the LEAVES**

Fall leaves offer endless opportunities for family playtime—both indoors and out.

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**FALL FAMILY PLAY PLAN**

**Turn off the Screen & Turn on the PLAYDOUGH**

Playdough offers endless opportunities for family playtime.

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**WINTER FAMILY PLAY PLAN**

**Turn off the Screen & Turn on the FORTS**

Building indoor forts or hideouts offers endless opportunities for family playtime.

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**WINTER FAMILY PLAY PLAN**

**Turn off the Screen & Turn on the SNOW**

Snow offers endless opportunities for family playtime—both indoors and out.

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**WINTER FAMILY PLAY PLAN**

**Turn off the Screen & Turn on the SOCKS**

Everyday objects like socks can offer endless opportunities for family playtime.

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**SPRING PLAY IDEAS**

**Turn off the Screens & Turn on the BUBBLES**

Bubbles offer endless opportunities for family playtime—both indoors and out.

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**SPRING PLAY IDEAS**

**Turn off the Screens & Turn on the GARDENING**

Gardening offers opportunities for family playtime—both indoors and out.

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**SPRING PLAY IDEAS**

**Turn off the Screens & Turn on the STRING**

String offers endless opportunities for family playtime—both indoors and out.

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